

Musashi Itsukaichi Trailheads

Musashi Itsukaichi is the home of the ハセツネCUP - Hasetune Cup. The race course is a loop that starts and ends in the vicinity of 五日市会館 - Itsukaichi Hall. The race starts by heading south across the 秋川 - Aki River. After traversing close to 70K in the mountains of western Tokyo, the finish comes into town from the north.

For easy access, the routes on this map lead from the JR East train station. There is a public parking for a fee at the train station.

..... The path through town to the trailhead leading to 金比羅山 - Mt Konpira, 日の出山 - Mt Hinode, 御岳山 - Mt Mitake and beyond.

The final 500m of the Hasetune Cup starts on the road at the trailhead and follows the course on this map to the driveway of the 五日市会館 - Itsukaichi Hall.

..... The path through town to the trailhead leading to 今熊山 - Mt Imakuma, 市道山 - Mt Ichimichi, and 醍醐丸 - Daigomaru.

This is the start of the Hasetune Cup course, though the race starts at the Musashi Itsukaichi Junior High, across the street from the Itsukaichi Hall, not the train station.

Hanging from the traffic lights at the intersection where the route takes a sharp left is a sign that reads 上町 - Kamicho

Once you cross the 秋川 - Aki River, the route to the trailhead starts to climb. Gradually the incline becomes steeper. There is an old temple where the road ends and the trail begins. 広徳寺 - Kotokuji was built 650 years ago and has a couple beautiful buildings and a stunning ginko tree.

— Mountain Trail

 Public toilets

 Public parking

7-11 Convenience Store
There is also a New Days store at the train station, open from 06:30-21:00. 7-11 is open 24h.

東京裏山 Tokyo Urayama Base
ベース Open on weekends and holidays, around 09:30-17:00

A nice mountain trail-related store which sports a small cafe. It is a great place to grab a beer and Japanese curry after some time on the trail.

They provide shower services and have locker services so you can leave your big bags while you hit the trail.

0 100 200 300 400 500m

This is a Geospatial PDF. If you open in an app like Avenza Maps, you can follow your location using your smartphone.

